

Imara HRM Battery

WARNING! Keep watch batteries away from children. If swallowed, contact a doctor immediately.

WARNING! Batteries contain chemical substances. They should be disposed of properly according to local regulations.

Watch

Battery Type: CR2032 3V Lithium

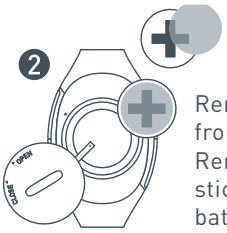
Battery Life:

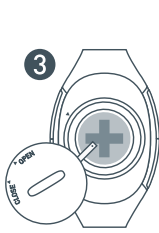
The battery is estimated to last 1.5 years depending on frequency and use of certain features. Activating the Electrolite feature will contribute to battery drain. Utilizing the Power Save function will help conserve battery life.

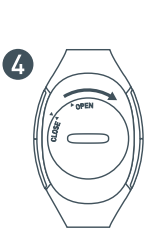
Battery Replacement:

Follow steps below to replace your watch battery. *For best results, you can have Nike's authorized service center change the watch battery.*

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1 Using a coin, turn the battery hatch one-quarter turn counter-clockwise.
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2 Remove battery from compartment. Remove insulator sticker from old battery and place it on new CR2032 3V Lithium battery.
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3 Place the new battery into the compartment under the metal tab.
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4 Make sure the O-ring is in proper placement. Replace the battery hatch.


HR Transmitter

Battery Type: CR2032 3V Lithium

Battery Life:

The battery is estimated to last 1 year if HR Transmitter is used one hour per day.

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1 Using a coin, unscrew the battery hatch by turning it counter-clockwise.
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2 Insert a CR2032 3V lithium battery with the writing facing you. Do not touch the 2 contacts.
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3 Replace the battery lid.